



2027 RESILIENCE SYMPOSIUM

building bouncebackability

JANUARY 14th | 0900-1700

ROYAL BRITISH LEGION NATIONAL REMEMBRANCE GARDENS

📍 Staffordshire 🌐 www.takepointtraining.com



2027 RESILIENCE SYMPOSIUM

3 extraordinary guest
speaker stories

150 leaders from across
diverse sectors

1 day designed to build
bouncebackability

Are you building people's capacity to navigate pressure, or relying on their ability to endure it?

We know. You know.
The numbers aren't good.

62%

Work-related stress, depression and anxiety now account for 62% of all working days lost to work-related ill health.

964,000

workers suffered from work-related stress, depression or anxiety (new or long-standing) in 2024/25

22.1 million

working days lost due to work-related stress, depression or anxiety in 2024/25

Source: Health and Safety Executive, Health and Safety at Work: Summary Statistics for Great Britain 2025.

Big numbers, but if you lead people, they're probably not surprising.

**The good news:
resilience isn't fixed.
It can be built, strengthened
and sustained.**

We've curated a one-day event for leaders, decision-makers and people professionals who want to create **healthier, stronger and more resilient** workplaces.

We bring together lived experience, psychology, leadership and lessons forged in some of the most demanding environments imaginable.

You'll hear different perspectives, challenge some familiar thinking, and learn from people operating in very different environments. You can expect to have honest conversations about what's working, and what might not be.

We'll bring ideas, conversations and practical approaches that mean something when you get back to work, to build individuals, teams and organisations with **embedded bouncebackability**.



TALES FROM THE EDGE

Hear first-hand from people who've faced extraordinary circumstances and discovered what resilience really means when it's tested. Powerful, honest accounts of adversity, endurance and moving forward, told by the people who lived them.



PRACTICAL PERSPECTIVES

Fresh thinking is only useful if you can do something with it. We'll explore practical strategies and approaches you can take back to your organisation and start putting to work straight away.



MILITARY-ROOTED RESILIENCE

We're taking hard-earned lessons from some of the world's most demanding environments and translating them for the realities of modern workplaces, focusing on what transfers, what tools work and what today's leaders can genuinely use.



Looking after people and building successful organisations should never be competing priorities.

It's a belief that sits at the heart of how we work, and one we want this event to reflect in more ways than words.

We've chosen to donate profits from the 2027 Resilience Symposium to two charities close to our hearts: Turn to Starboard and Lest We Forget Association. Our aim is to extend the impact of the day beyond the room and support other organisations doing meaningful work.



If you care about people, you're part of this conversation.

We're bringing together people who have the influence (and the appetite) to create healthier, stronger workplaces.

Senior leaders and decision-makers. People and culture professionals. Operational leaders. HR, OD, L&D and wellbeing teams. Those responsible for workforce strategy, and people who simply believe there's a better way to support human performance. From healthcare, emergency services and justice to business, HR and the wider public sector.

Different worlds and different pressures, but many of the same human challenges. That's exactly why we want you in the same room.

Built for leaders across sectors



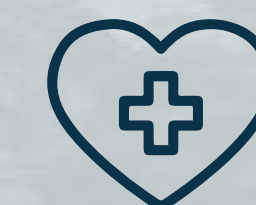
**HR & PEOPLE
PROFESSIONALS**



BUSINESS



**EMERGENCY
SERVICES**



HEALTHCARE



JUSTICE

3 incredible guest speakers



The people you hear from matter, and we've chosen them carefully.

Across the coming months, we'll be announcing an exceptional group of speakers and contributors bringing together lived experience, leadership, psychology, human performance and lessons from some extraordinary environments.

19/10

1st guest speaker
announcement

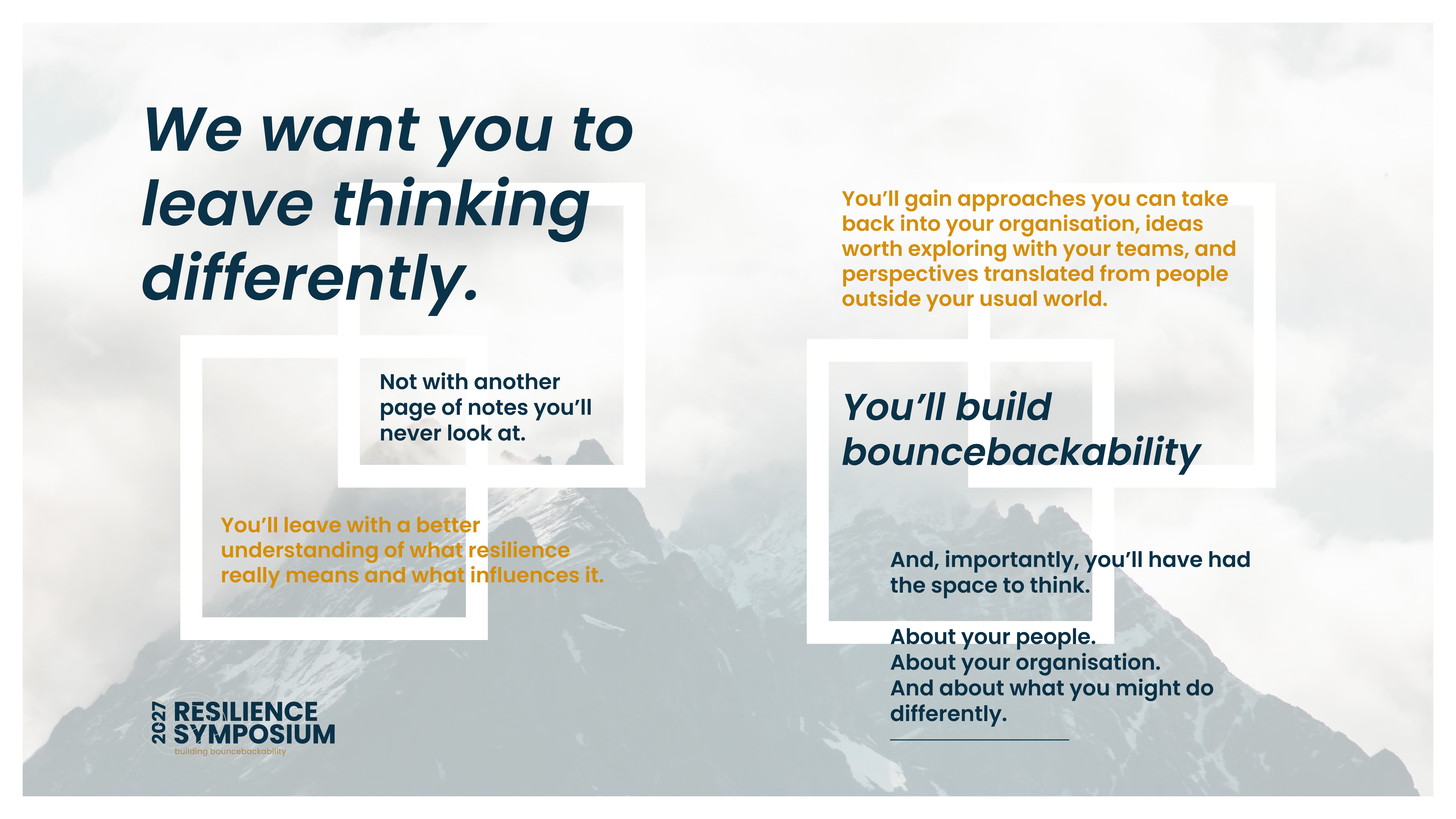
26/10

2nd guest speaker
announcement

02/11

3rd guest speaker
announcement

Some you'll know. Others you might not. Yet. All of them have something worth hearing.



***We want you to
leave thinking
differently.***

Not with another
page of notes you'll
never look at.

You'll leave with a better
understanding of what resilience
really means and what influences it.

You'll gain approaches you can take
back into your organisation, ideas
worth exploring with your teams, and
perspectives translated from people
outside your usual world.

***You'll build
bouncebackability***

And, importantly, you'll have had
the space to think.

About your people.
About your organisation.
And about what you might do
differently.

Your invitation

Come and be part of the conversation.

If we're serious about building healthier, stronger organisations, resilience can't just be something we talk about when people are already struggling.

It has to become part of how we lead, how we work and how we look after the people alongside us.

The Resilience Symposium is one day to step outside your own world, meet people worth knowing, hear perspectives you might not normally encounter and think differently about what comes next.

We'd like you in the room.

JANUARY 14th | 0900-1600

ROYAL BRITISH LEGION NATIONAL REMEMBRANCE GARDENS

 **Staffordshire**  **www.takepointtraining.com**



Our mission is to make a meaningful difference.

We combine our experience of leadership in military contexts with social psychology, fusing the lessons these bring together to create immersive, experiential learning experiences.

We transform cultures and develop teams to achieve high performance. We make the intangible, tangible in our pursuit to create a more resilient world.



Our Philosophy

Resilient organisations aren't built by asking people to keep going regardless, but by creating the conditions that help people keep moving forward.

It's more than an individual's ability to cope. It's shaped by how we lead, how we work together, and the environments we create.

The relationships we build, and our capacity to adapt when life doesn't go to plan.

The venue:

The Royal British Legion National Remembrance Gardens

The Royal British Legion National Remembrance Gardens is a place to escape the everyday, discover remarkable stories and gain new perspectives. Here, visitors leave inspired by lives lived, service given and values that unite us all.

There are few places more fitting for the Resilience Symposium than the Royal British Legion National Remembrance Gardens. Set within 150 acres of beautiful Staffordshire countryside, it's a place shaped by extraordinary stories of courage, service, sacrifice and human resilience. With its peaceful surroundings and space to reflect, it offers something different from the usual conference venue – a chance to step away from the everyday, gain perspective and have conversations that matter, and stay with us.

