



The STATT Course

(Self, Teams, and Team of Teams)

Curated for the NHS

www.takepointtraining.com



The STATT course.
(Self, Teams, and Team of Teams)

3 days.

For NHS healthcare professionals.

At Take Point Training, we know the challenge of building and maintaining high performance teams in high-pressure environments.

Our training facilitators come from all sectors and specialisations in the military, and have operated in hostile environments around the globe.

Since the beginning of the Covid-19 pandemic, we've partnered with NHS Trusts across the UK to bring our unique experiences and skillsets to healthcare professionals.

By sharing our knowledge of leadership, communication and collaboration, especially in times of crisis, we're helping NHS teams work cohesively and efficiently while helping to create a culture that feels inclusive for all.

Our results show that by working together, we help to equip people with a wide range of in-demand skills to support colleagues and drive lasting behaviour change, and ultimately, enhance patient care.

“

Really fun and professional delivery of the course by such an amazing team with so much experience and passion. Thank you so much.

Anonymous,
Treliske Hospital, Cornwall



“

Genuinely, one of the best and engaging courses I've done in 25 years of nursing.

Jason
Senior Charge Nurse



Self

Engaging in honest and open self-reflection to better understand our own biases, behaviours and stressors within our lives.



Teams

Exploring new techniques to build on your effectiveness to lead, motivate and inspire others.



Team of Teams

Examining the challenges and opportunities of working in multidisciplinary teams and the benefits of an agile approach to sharing information and resources.



The STATT Course

We offer healthcare professionals an innovative style of leadership and team development. Built around 3 proven principles, the course develops the behaviours your people need to deliver exceptional results.

Our flagship course is comprised of three one-day modules focusing on Self, Teams and Team of Teams.



Transformational training for everyone

The STATT Course is perfect for clinical and non-clinical healthcare staff in every department.

From nurses, midwives and matrons to managers, physiotherapists and dieticians, our innovative course gives everyone access to professional and personal development.

Delivered off-site in a safe and time-protected environment, the STATT Course provides transformational learning for every participant – and everything they need to become inspirational leaders fostering high performing teams.

We'll make sure you and your people will benefit from our proven approach in a way that delivers lasting change and extraordinary results.

Experiential learning

We know that effective training requires a more collaborative style, rather than a one-way information flow.

That's why we blend light-touch theory with practical 'hands-on' experiential learning – or learning by doing – with a range of tasks to assess and develop individual and team behaviours.

Experiential learning promotes teamwork, problem-solving and effective communication - all essential skills for healthcare professionals. During the programme participants are encouraged to share their experiences and work together to find solutions to complex problems.

Our extraordinary results show that we deliver lasting change for healthcare professionals throughout the NHS and beyond.

➤ **Day One (Self)** focuses on developing an enhanced awareness of ourselves while examining our habitual patterns of thoughts and feelings and how they shape our behaviour.

➤ **Day Two (Teams)** examines the vital elements of a high performing team including effective briefing, de-briefing, challenging conversations and psychological safety.

➤ **Day Three (Team of Teams)** considers scaling the agility of a small team to the wider organisation. We examine collaborative and cross-team working, sharing of resources and information between teams in pursuit of a common goal.

NOT A BOOTCAMP

At Take Point Training we don't do bootcamps. The STATT Course is an immersive learning experience designed to enhance leadership and team performance: we do not shout orders, do press-ups or other physical exercises!

Our interactive training solutions take place in a friendly, safe and supportive environment and delivered by facilitators not only chosen for their leadership and team development abilities, but for their warm, compassionate and positive approach.

Our learning methodology focuses on:

- Self-awareness
- Emotional Intelligence
- Communication
- Experiential learning
- Human behaviours
- Psychometrics

Our emphasis is on experiential and interactive learning methods to engage participants and make training enjoyable and more effective.

I was at breaking point ... and in one day
you turned this around.

”

Becky

A&E Senior Sister, NHS



5 great reasons to enrol on The STATT Course

1. Delivered by experts in building high performing teams

Our training facilitators have a wealth of experience leading high-performing teams in high-pressure environments coupled with a deep knowledge of the challenges faced by healthcare professionals.

2. A deep understanding of the pressures facing healthcare professionals

The military and the NHS share many similarities, including the need for teamwork, clear communication and the ability to adapt quickly to changing situations. We share our extensive experience working in high-pressure environments where leadership and teamwork are critical.

3. Experiential learning methods

Effective leaders and high performing teams are not created by applying textbook theories. That's why we use experiential learning – learning by doing – to build emotional intelligence and maximise leadership and team potential. By engaging delegates in hands-on experiences and self-reflection, they are better able to connect theories and knowledge learned to real-world situations.

4. Protected learning time

Our 3-day course is delivered within a safe and time-protected learning environment. We know that healthcare professionals can experience high levels of stress and burnout due to the demands of their roles, so we give delegates time and space to reflect on how they work, learn new strategies and improve wellbeing.

5. Exceptional results

Ultimately, our STATT course has a track record of delivering results. From working with nurses, physiotherapists, midwives and managers, to matrons, dieticians and doctors our transformational programme continues to exceed expectations.

“

**Excellent,
really engaging
style, which
involves everyone
and ensured everyone
achieved the best
from the course.**

Natalie,
Community Palliative
Specialist Nurse

Discover some of the feedback to date over the page...

FEEDBACK



of participants believe the learning could enhance care delivery and patient outcomes. *(95% of responses believe this would be 'positive' to 'significant' and 5% 'modest' to 'notable').



of participants said the course provided the knowledge, skills and behaviours to think differently about their leadership and leadership style.



of participants felt more positive and motivated after attending the course (with the most common answers being 'empowered', 'uplifted' and 'confident').



of participants stated they would apply their learning back in the workplace.



of participants believe the course provided them with a great opportunity for cross-collaboration and learning from others.

I am now able to recognise how I work within a team and the different ways I can lead my team more efficiently.

Isata,
Director of Patient Services



Who are Take Point Training?

Meet Squadron Leader (Rtd) Shaun Pascoe.

During his 16-year career in the Royal Air Force (RAF), Shaun led a Medical Emergency Response Team (MERT) which treated injured troops while they were being transported by helicopter back to military bases. He served on operational tours in Kosovo, Sierra Leone, Iraq and Afghanistan.

Emerging from the military with a clear understanding of effective leadership and teamwork, Shaun launched Take Point Training - along with a team of highly trained ex-forces veterans - all experienced in building and leading high performance teams.

We bring a unique perspective to healthcare, having faced similar challenges in our own careers, such as working in challenging environments and adapting to changing circumstances.

Each of our training facilitators are passionate and dedicated to helping people fulfil their potential and as committed to the Take Point Training vision, just as founder Shaun Pascoe was right at the beginning.

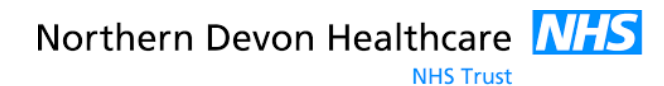
Today our mission is to unlock the power of your people.





OUR PARTNERS

The STATT Course has enabled many healthcare professionals to reap the benefits of our experience including:



“

**Excellent facilitators,
approachable, great sense
of humour and empathy
with the issues we face.**

Emma,
Matron



“

**I learnt a lot about my
leadership style and
techniques on how to better
manage teams, but more
importantly how to manage
my stress on the ward.**

Charlotte,
Junior Sister



“

**100/10. This course was what
I really needed. The team are
fantastic, very compassionate
about what they are doing and
what they are delivering. It
comes from bottom of their
heart. I truly enjoyed it and
was sad when it ended.**

Zahra,
Senior Midwife



“

**This is the best and most
engaging course I have ever
attended ... I strongly feel
it helps to change attitudes
and helps to provide practical
solutions to help empower and
value all staff to feel they can
make changes in their workplace.**

Ella,
Critical Care Staff Nurse





“

I feel confident and empowered to make changes to the way I work, and the way that I contribute and work with the team. I have learned lots about myself am more aware about myself as an individual, as part of a team and as a leader.

Anonymous,
St Bartholomew's Hospital



“

This training had been personalised and made us feel more empowered and listened to. The interactive tasks have been well planned and fun but with a lasting message. Not death by Powerpoint.

Anush,
Physiotherapist

“

Fantastic course great bunch of people very informative and hands on - you are challenged to think and get involved. I really loved it, and they all cared so much this was obvious throughout.

Emma,
Staff Nurse



“

Engaging and powerful course and exceeded all expectations. I am leaving feeling empowered to return to work, taking with me practical and achievable ideas to integrate impactful change into the workplace.

Zahra,
Senior Midwife





Find out more:



Purpose-built leadership development

For more information or to discuss your
requirements please email:

hello@takepointtraining.com