TakePoint

2027 RESILIENCE SYMPOSIUM

building bouncebackability

JANUARY 14th | 0900-1700

ROYAL BRITISH LEGION NATIONAL REMEMBRANCE GARDENS

Staffordshire www.takepointtraining.com

3 extraordinary stories of human resilience

150 leaders from across diverse sectors

1 day designed to build bouncebackability

An event **tailored to you**, designed to educate, inspire, and enable you to transform your teams and organisation through **resilience** development.

3 extraordinary stories of human resilience.

150 leaders from across diverse sectors.

1 day designed to build bouncebackability.



2027 RESILIENCE SYMPOSIUM

TakePoint

Are you building people's capacity to navigate pressure, or relying on their ability to endure it?

We know. You know. The numbers aren't good.

62%
Work-related stress, depression and anxiety now account for 62% of all working days lost to work-related ill health.

964,000
workers suffered from work-related stress, depression or anxiety (new or long-standing) in 2024/25

22.1 million
working days lost due to work-related stress, depression or anxiety in 2024/25

Source: Health and Safety Executive, Health and Safety at Work: Summary Statistics for Great Britain 2025.

Big numbers, but if you lead people, they're probably not surprising.

The good news: resilience isn't fixed. It can be built, strengthened and sustained.



What you'll get

1. Shape your symposium: your pre-event discovery call

A short conversation ahead of the symposium to understand the challenges you're facing, what resilience means in your organisation and what you'd most like to take away from the day. Your insights will help us tailor the discussions and practical learning on the day to what matters most to you.

2. A day designed around you

Alongside our three extraordinary guest speakers, you'll benefit from Take Point's experience in the military, psychology, business and education. Tailored breakout sessions following each speaker will help you turn what you've learned into practical actions, so you leave with a clear plan to make a real difference in your team or organisation.

3. Post-symposium consultation call

Once you've had time to reflect on the day, we offer you a free follow-up call with the Take Point team. It's an opportunity to talk through your action plan, bounce ideas around and get some support with putting it into practice or developing it further.

A one-day event for leaders, decision-makers and people professionals who want to create healthier, stronger and more resilient workplaces.

We bring together lived experience, psychology, leadership and lessons forged in some of the most demanding environments imaginable.

We'll bring ideas, conversations and practical approaches that mean something when you get back to work, to build individuals, teams and organisations with embedded bouncebackability.

You'll hear different perspectives, challenge some familiar thinking, and learn from people operating in very different environments. You can expect to have honest conversations about what's working, and what might not be.



TALES FROM THE EDGE

Hear first-hand from people who've faced extraordinary circumstances and discovered what resilience really means when it's tested. Powerful, honest accounts of adversity, endurance and moving forward, told by the people who lived them.



PRACTICAL PERSPECTIVES

Fresh thinking is only useful if you can do something with it. We'll explore practical strategies and approaches you can take back to your organisation and start putting to work straight away.



MILITARY-ROOTED RESILIENCE

We're taking hard-earned lessons from some of the world's most demanding environments and translating them for the realities of modern workplaces, focusing on what transfers, what tools work and what today's leaders can genuinely use.

If you work with people, you're part of this conversation

HR & PEOPLE PROFESSIONALS

BUSINESS

EMERGENCY SERVICES

HEALTHCARE

JUSTICE

We're bringing together people who have the influence (and the appetite) to create more resilient workplaces.

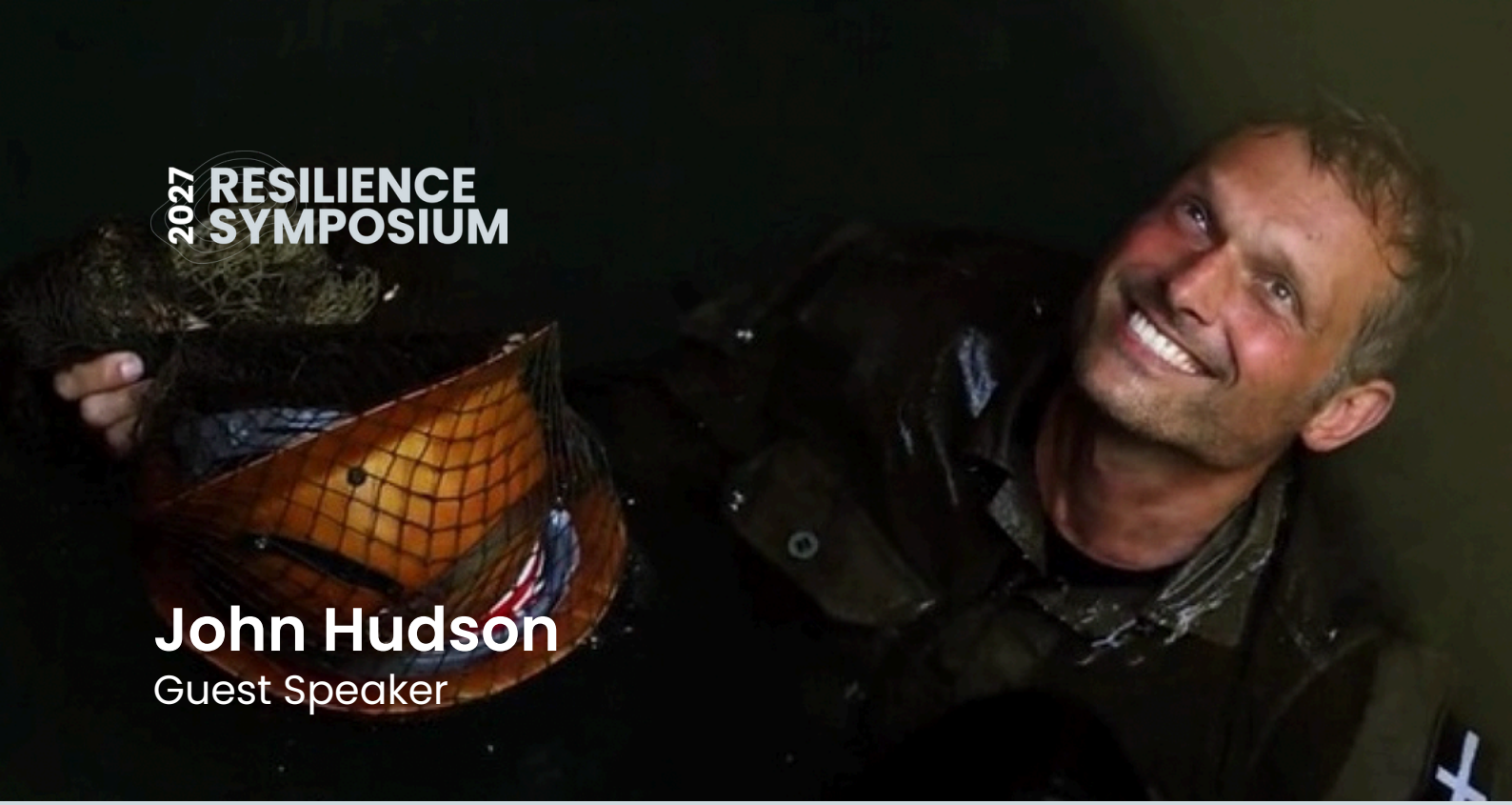
Senior leaders and decision-makers. People and culture professionals. Operational leaders. HR, OD, L&D and wellbeing teams. Those responsible for workforce strategy, and people who simply believe there's a better way to support human performance. From healthcare, emergency services and justice to business, HR and the wider public sector.

Built for leaders across sectors.

Different worlds and different pressures, but many of the same human challenges.

That's exactly why we want you in the same room.

TakePoint



The UK Military's Chief Survival Instructor

When it comes to resilience under pressure, few people have John Hudson's experience. A former RAF helicopter pilot and the UK military's Chief Survival, Evasion, Resistance and Extraction (SERE) Instructor, John has spent his career understanding what it takes to survive and make decisions in some of the world's most unforgiving environments, from the Arctic and desert to the rainforest and open ocean. He's written the survival manual used by the Armed Forces and trained everyone from fighter pilots and paratroopers to business professionals in how to think clearly, adapt and respond when the stakes are high.

As the bestselling author of How to Survive: Lessons for Everyday Life from the Extreme World, he's made it his mission to translate hard-earned survival lessons into practical approaches we can all use. His experience has taken him from military training to television survival challenges, including Discovery's Dude, You're Screwed and First Man Out alongside Ed Stafford.

At The 2027 Resilience Symposium, John brings a fascinating perspective on what really helps people cope with uncertainty, make better decisions under pressure and build the resilience to face whatever comes next. His lessons might come from extraordinary environments, but their relevance to the people leading our organisations couldn't be more real.



Plant Hunter, Adventurer and Survivor of Nine Months in Guerrilla Captivity

In 2000, Tom Hart Dyke set off on an expedition in search of rare plants. What followed was something he could never have prepared for. While travelling through the Darién Gap, Tom was captured by guerrillas and held hostage in the Colombian jungle for nine months. Cut off from the outside world, with no idea if he'd ever make it home, Tom had to find a way to get through each day. At one point, he was told he was going to be executed. What happened during those nine months, and how he dealt with it, makes for an extraordinary story.

Tom eventually made it home and went on to create the award-winning World Garden at Lullingstone Castle in Kent. But it's what he learned during his time in captivity that we're particularly looking forward to hearing about. How do you keep going when you've lost almost all control over what happens next? What gives you something to hold on to when things are at their worst? Tom brings a different perspective to our conversation about resilience, shaped by an experience few of us could imagine. His story offers a chance to reflect on what really helps people endure uncertainty, find purpose in difficult circumstances and keep moving forward when the odds are against them.



Pete Goss MBE

Guest Speaker

Round-the-World Sailor, Former Royal Marine Commando and Award-Winning Adventurer

Pete Goss knows a thing or two about making difficult decisions under pressure. A former Royal Marine Commando, world-renowned sailor and bestselling author, Pete has spent much of his life taking on challenges that most of us wouldn't dream of attempting. During the 1996–97 Vendée Globe, one of the world's toughest solo sailing races, Pete received a distress call from a fellow competitor whose yacht was sinking in the Southern Ocean. Faced with a decision that would put his own life at risk, he turned his boat around and sailed into a violent storm to attempt a rescue. His actions earned him an MBE and France's Légion d'Honneur. It's an extraordinary story of courage, judgement and putting someone else's life before his own.

Pete's experience goes well beyond that remarkable rescue. He's led inexperienced crews around the world, taken on ambitious projects that haven't always gone to plan, and learned first-hand what it means to lead when the stakes are high and the answers aren't obvious. At The Resilience Symposium, Pete brings a perspective shaped by decades of success, setbacks and hard-earned lessons about leadership, teamwork and resilience. How do you make sound decisions when the pressure is on? How do you build trust when people are depending on you? And what does good leadership really look like when things don't go to plan? Pete's experiences give us a chance to explore these questions through someone who's faced them in reality, and consider what we can take from them to better lead and support our own people and teams.

Choose Your Symposium Pass

We'll leave you with approaches you can take back into your organisation, a tangible action plan, and perspectives translated from people outside your usual world.

Each pass includes a pre-symposium discovery call to help tailor the day to your challenges, full event attendance and a post-symposium consultation to help you develop your action plan and put what you've learned into practice.

Individual Pass

Join us for a day of honest insight, remarkable experiences and a practical roadmap you can take straight back to your organisation.

£150 + VAT

Small Team Pass

Bring up to three people from your organisation and share the experience. Explore new ideas, challenge each other's thinking and leave with shared alignment of what you'll start doing differently.

£420 + VAT

Facilitated Team Pass*

Bring your team of up to 6 people along and make the day work for your organisation. You'll have a dedicated table and your own Take Point facilitator, who'll work with you throughout the symposium to help turn the speakers' insights into practical actions that address your team's challenges.

After the event, the same facilitator will lead your complimentary follow-up consultation, helping you develop your action plan further and put it into practice.

*Limited passes available

£1095 + VAT

Pay it Forward Pass

Join us at The Resilience Symposium and help someone from our emergency services be part of the day too.

Your ticket includes your own place and funds a second place for a serving blue light professional. It's our way of opening the conversation to people who face extraordinary pressures in their work, and an opportunity for you to help make that happen.

We'll work with emergency services organisations to allocate sponsored places to eligible attendees.

£300 + VAT

Booking terms, along with our privacy policy can be found at:
https://www.takepointtraining.com/2027resilience-symposium-booking-page

2027 RESILIENCE SYMPOSIUM

building bouncebackability

Your invitation

Come and be part of the journey.

If we're serious about building healthier, stronger organisations, resilience can't just be something we talk about when people are already struggling.

It has to become part of how we lead, how we work and how we look after the people alongside us.

The Resilience Symposium is one day to step outside your own world, meet people worth knowing, hear perspectives you might not normally encounter and think differently about what comes next.

We'd like you in the room.

To book your place please contact:

hello@takepointtraining.com

or visit

https://www.takepointtraining.com/2027resiliencesymposium

TakePoint

JANUARY 14th | 0900-1700

ROYAL BRITISH LEGION NATIONAL REMEMBRANCE GARDENS

Staffordshire www.takepointtraining.com

Our mission is to make a meaningful difference.

We combine our experience of leadership in military contexts with social psychology, fusing the lessons these bring together to create immersive, experiential learning experiences.

We transform cultures and develop teams to achieve high performance. We make the intangible, tangible in our pursuit to create a more resilient world.

TakePoint

Our Philosophy

Resilient organisations aren't built by asking people to keep going regardless, but by creating the conditions that help people keep moving forward.

It's more than an individual's ability to cope. It's shaped by how we lead, how we work together, and the environments we create.

The relationships we build, and our capacity to adapt when life doesn't go to plan.

The venue:

The Royal British Legion National Remembrance Gardens



The Royal British Legion National Remembrance Gardens is a place to escape the everyday, discover remarkable stories and gain new perspectives. Here, visitors leave inspired by lives lived, service given and values that unite us all.



There are few places more fitting for the Resilience Symposium than the Royal British Legion National Remembrance Gardens. Set within 150 acres of beautiful Staffordshire countryside, it's a place shaped by extraordinary stories of courage, service, sacrifice and human resilience. With its peaceful surroundings and space to reflect, it offers something different from the usual conference venue - a chance to step away from the everyday, gain perspective and have conversations that matter, and stay with us.

2027 RESILIENCE SYMPOSIUM

building bouncebackability

2027 RESILIENCE SYMPOSIUM



Prepare
Adapt
Recover
Grow

TakePoint