

TAKE POINT TRAINING

Leadership and team development

www.takepointtraining.com



CONTENTS

- 4 About us
- 8 What we do
- 12 How we do it
- 15 Not a bootcamp
- 16 Learning outcomes
- 19 Our partners



We use experiential learning methods to build emotional intelligence and maximise leadership and team potential.

Whether indoors, outdoors or online, our training solutions are customised to your organisation to help deliver increased performance and help you reach your potential.

ABOUT US

At Take Point Training, we design and deliver leadership and team development programmes to unlock the power of your people.

Our skilled training facilitators come from all sectors and specialisations in the military and have commanded at the highest levels of land, sea and air. We know how to create effective leaders and build high performance teams.

- ▶ Leadership development
- ▶ Team development
- ▶ Positive behaviour change
- ▶ Organisational performance
- ▶ Effective communication
- ▶ Resilience and confidence

To learn more, visit takepointtraining.com

“

It's the best training I've ever attended. I can honestly say that I use what I learnt almost daily.

Corri, Head of SHE,
ESD Joint Venture



WHAT WE DO

Our training facilitators have operated in fast-paced and high intensity environments across the globe. We translate the best of our military experience with the best contemporary thinking in work-based training to your workplace.

Our highly engaging interactive programmes are a tailored blend of practical and experiential learning and designed around the needs of your people. We provide a safe environment for your people to practice new techniques while pushing their boundaries and receiving feedback from our knowledgeable and friendly facilitators.

Experiential learning helps to:

- Keep delegates engaged
- Accelerate learning
- Enhance work and life skills
- Teach the value of mistakes
- Improve attitudes toward learning
- Real-time coaching and feedback

We offer a range of bespoke development solutions for leaders and managers of all levels, from senior executives and middle management, to graduates and first-time managers.

Senior Management Programme

Advanced development course for senior executives and aspiring leaders.

Management Development Programme

Designed to enhance and strengthen the capabilities of managers at all levels.

Graduate Development Programme

Advanced development course for graduates and early career development.

“

Thanks for an inspiring course that not only made me reflect on the way in which I operate, but also offered some inspiring and new approaches to managing teams.

– Phil, Project Manager, Morrison Construction, Galliford Try



“ One of the best and most engaging courses I’ve ever done in 25 years of nursing.

Jason, Senior Charge Nurse,
NHS

STATT

(Self, Teams and Team of Teams)

Initially developed for the occupational needs of frontline NHS professionals during the COVID-19 pandemic, our Self, Teams and Team of Teams (STATT) Programme is at the heart of everything we do.

The 3-day course covers:

- ▶ Engaging in honest and open self-reflection to better understand your own biases and behaviours
- ▶ Exploring new techniques to build on your effectiveness to lead, motivate and inspire others in your organisation
- ▶ Participating in one-to-one analysis. Gaining a deeper insight into your own abilities and what is needed to achieve your organisational goals

Learning outcomes

- ▶ Improved self-awareness and understanding of your role within a team
- ▶ How to successfully implement and lead change
- ▶ Enhanced resilience strategies to adapt in the face of adversity, challenges and set-backs

HOW WE DO IT

Our training programmes are designed to help you cultivate your leadership style, build high performing teams, align cultures and better position your organisation for success.

Many of our training facilitators are ex-Armed Forces personnel, who use their unique backgrounds and extensive experience to help participants reach their long-term goals.

We tailor our training programmes to match your needs using a blend of proven principles and techniques:



Self-awareness

Leadership is a lifelong journey that begins with self-awareness. Gain a clear understanding of your personality, thoughts and behaviours to become a better decision maker, communicator and leader.



Human Behaviours

An improved understanding of human behaviour leads to higher performance through better communication and conflict resolution.



Emotional Intelligence

Recognise, understand, and manage emotions to develop and strengthen relationships within your team.



Communication

Learn to communicate with clarity and intention to improve team collaboration and cooperation.



Psychometrics

Build stronger, collaborative teams using powerful psychometric assessment tools.

“

The training is a fantastic mix of theory, activities and ‘learning by doing’. It has made such a difference in a short space of time.”

Charlotte,
Leadership Development Coach,
Huboo





FACE-TO-FACE TRAINING



VIRTUAL LEARNING



ADVENTURE TRAINING

Bushcraft | Sailing
Covert surveillance exercises



BUSINESS EXPO EVENTS



EXECUTIVE RETREATS



INSPIRATIONAL SPEAKERS

NOT A BOOTCAMP

Take Point Training is not a training bootcamp. Our programmes are immersive learning experiences designed to enhance leadership and team performance: we do not shout orders, do push-ups or other exercises!

We understand people can see the words 'military inspired' and think of a bootcamp. Yet our training solutions take place in a friendly, safe and supportive environment and are about as different as you can get from a bootcamp.

Our courses are mostly led by former members of the military who are not only chosen for their leadership and team development ability, but for their warm, friendly and positive approach. The emphasis is on experiential and interactive learning methods to engage learners and make training more enjoyable and effective.

“

Very different from other team training consultants. The focus on practical demonstration underpinned by presentations brought the training to life.

Ria, Compliance Leader,
Cornish Mutual

LEARNING OUTCOMES

At Take Point Training, we tailor learning outcomes around your strategic and business goals, to ensure that training is effective and relevant.

Our mission is to help develop your leaders, managers and team members to improve cohesion and boost organisational performance.

Take Point Training is here to support your organisation. We can help you create a bespoke training solution that meets the specific needs of your business.

To find out more about how our training programmes can help your leadership and team development, and foster positive culture change in your organisation, please click [here](#) to get in touch.

“ **I learnt a lot about my leadership style and techniques on how to better manage teams, but more importantly how to manage my stress on the ward.** ”

Charlotte, Junior Sister,
NHS





OUR PARTNERS

Our training programmes have enabled high profile organisations to reap the many benefits of leadership and team training in support of their business objectives.

Our partners include:

Galliford Try
Vistry Partnerships
Huboo
Falmouth University
Watson Marlow
Cornish Mutual
and NHS Trusts across the UK

GallifordTry plc

NHS

 **huboo**

**WATSON
MARLOW**

Fluid Technology Group

**FALMOUTH
UNIVERSITY**

Vistry 
Partnerships

Cornish Mutual 

TAKE POINT TRAINING

Find out more:



Leadership and team development

For more information or to discuss your requirements please email:

hello@takepointtraining.com